

To: all instructors, all black belts, all red & blue belts ITF-Belgium

Concerns: candidates for the national team

Name:

Club:

Degree:

Birth date:

Interested in the following disciplines:

- Tul
- Sparring
- Power breaking
- Special techniques
- Pre-arranged sparring
  
- Teamtul
- Teamsparring
- Team power breaking
- Team special techniques